

STELLA MARIS E M SCHOOL , VALANJAVATTOM TRAINING DETAILS – 2023 -2024

TEACHER'S NAME : SURAJI. S

TGT/ PRT : PRT

SUB : SCIENCE

SL.NO.	Name of the Training Programme	Date of the Programme	Class taken by	Duration
1	Promoting mental well being and resilience in the class room	24.06.2023	Fr. Jaison Kurian	10. AM (4 Hrs)
2	Happy class rooms	02.12.2023	Mr. George Joseph Puthenpurakkal	9.30 am - 4.30 pm (6 Hrs)
3	National Credit Framework	30.12.2023	Dr. Swarup Dutta	7.00 pm (2 Hrs)
4	Capacity building programme on N E P 2020	13.01.2024	Dr. B Rveendran Nair Mrs. Sumitha Nediya Parambath	8.30 am - 4.30 pm (8 Hrs)
5	New challenges in CBSE Board Exam 2024	13.12.2023	Mr. Renjith Rajan	2 Hrs
6	Stress Management for Teachers	04.02.2024	Prof. Sasikala Prof. Abha Sharma	1.30 Hrs
7	Counselling Technique	14.12.2023	Akshay Agarwal	3.30 pm - 5 pm (2. 30 Hrs)