

STELLA MARIS E M SCHOOL, VALANJAVATTOM

TRAINING DETAILS 2023 –'24

Teacher's Name : Suby Mary Mammen

TGT/PRT : PRT

SUB : Environmental Studies

SL.NO	Name of the Training Programme	Date of the Programme	Class taken by	Duration
1	Joyful Learning	28-01-'23	Mrs. Riya Manohar	2 ½ hrs
2	Value Education	29-04-'23	Mrs. Kalyani Balakrishnan & Mrs. Jalaja K. V	8hrs
3	Teachers are catalyst of change.	22-05-'23	Mrs. Shibi Anand	4hrs
4	Happy Classroom	02-12-'23	Mr. George Joseph, Puthenpurackal	6hrs
5	Promoting Mental Wellbeing and Resilience in the classroom	24-06-'23	Rev.Fr. Jaison Kurian	4hrs
6	NEP 2020	16-01-'24	Dr.B Raveendran Nair & Mrs. Smitha Nediyaarambath.	9hrs
7	Online Spoken English Class	01-01-'24 to 25-02-'24	DIKSHA	10hrs
8	Career Counselling	31.01.'24	Shahila Chandrashekar	1 ½ hrs
9	Stress Management for Teachers	04.02.'24	Pro. Shashikala Wanjuri, PromAbha Sharma Dr. Taruna Yadev	1 ½ hrs
10	Mastering Exam Life Cycle	24.02.'24	Dr. Swarup Dutta	2 ½ hrs

