

STELLA MARIS E M SCHOOL, VALANJAVATTOM

TRAINING DETAILS 2023-2024

Teacher's Name: Roopa Sara George

Designation : School Counsellor and Wellness Teacher

S.no	Name of the Training Programme	Date of the Programme	Class Taken By	Duration
1.	Cyber Safety and Security	29-11-2023	COE, Pune	1.5 hrs
2.	Happy Classroom (One day workshop)	02-12-2023	Ratna Sagar Mr. George Joseph Puthenpurackal	6.5 hrs
3.	Counselling Techniques	05-12-2023	COE, Thiruvananthapuram	1.5 hrs
4.	Capacity Building Programme on NEP 2020	13-01-2024	Dr. B. Ravindran Nair Mrs. Smitha Nediyaparambath	9 hrs
5.	Orientation Programme for Holistic Progress Card	19-01-2024	CBSE	1.5 hrs
6.	Career Counselling	24-01-2024	COE, Delhi West	1.5 hrs
7.	Webinar on Stress Management for Teachers	04-02-2024	Prof. Shashikala Wanjari Prof. Abha Sharma Dr. Taruna Yadav	1.5 hrs
8.	Pivotal Changes by CBSE for 2024-25	17-02-2024	Dr. Abdul Salam	2 hrs
9.	Mastering Exam Life Cycle	24-04-2024	Dr. Swarup Dutta	2.5 hrs

