

**STELLA MARIS E M SCHOOL, VALANJAVATTOM****TRAINING DETAILS – 2023 – 2024**

TEACHER'S NAME : LINCY CHERIAN

TGT/PRT : PRT

SUB : MATHEMATICS

<b>SL No.</b>	<b>Name of the Training Programme</b>	<b>Date of the programme</b>	<b>Class taken by</b>	<b>Duration</b>
1.	Product Orientation Programme	19 -05 - 2023	S. Radha	3 hrs
2.	Orientation for Teachers	22 – 05 – '23	Ms. Shibi Anand	5 hrs
3.	Promoting Mental well being and Re- Silence in the class room	24 – 06- '23	Rev. Fr. Jaison Kurien	3hrs
4.	Holistic progress card	25 – 11 –'23	Dr. Swarup Dutta	2 hrs
5.	Activities SQAAFS	11 – 11 – '23	Ms. Priya Murali	2 hrs
6.	Happy Classroom	02 – 12 – '23	George Joseph Puthenpurackal	6 hrs
7.	Cyber Safety and Security	07 – 12 – '23	Mr. Abhishek	1½ hrs
8.	Crafting Creative Activities for Early Years	09 – 12 – '23	Ms. Ranjani Harigopal	2hrs
9.	Counselling Techniques	12 – 12- '23	Athul Anupam Abraham	1½hrs
10.	New Challenges in CBSE Board Exam 2024	13 – 12- '23	Mr. Renjith Rajan	2hrs
11.	National Credit Frame work	30- 12- '23	Dr. Swarap Dutta	2½hrs
12.	Capacity Building Programme on NEP 2020	13- 01- '24	Dr, B Raveendran Nair Mrs. Smitha Nediya Parambath	9hrs

13	Stress management for Teachers	04 – 02- '24	Prof. Shashikala Wanjari Prof. Abha Sharma	1 $\frac{1}{2}$ hrs
14.	Career Counselling	05 -02- '24	Nalini Arora	1 $\frac{1}{2}$ hrs
15.	Pivotal changes by CBSE for 2024 – '25	17- 02- '24	Ms. Himani Baskhi	1 $\frac{1}{2}$ hrs
16.	Mastering Exam Life Cycle	24- 02- '24	Dr. Swarup Dutta	1 $\frac{1}{2}$ hrs